

ALM Pastoral Care 2023

Date & Time	Session Plan
23/05/23 7.30 – 9.15pm	Defining Pastoral Care and its Distinction within Christianity <ul style="list-style-type: none"> • Discuss goals and contexts of pastoral ministry • Discover assumptions made about pastoral care • Establish the theological foundations for pastoral ministry
6/06/23 7.30 – 9.15pm	Understanding God's Call <ul style="list-style-type: none"> • Why are you here? • Understanding ourselves and developing self-awareness • Exploring the changing role within the community and church family
13/06/23 7.30 – 9.15pm	Understanding Human Needs <ul style="list-style-type: none"> • Exploring communication skills • How do we know there is a need? • Developing listening skills, wisdom and discernment
17/06/23 10am – 2.30pm	Encountering Human Need and Our Response <ul style="list-style-type: none"> • Understanding and increasing awareness of need resulting from bereavement, mental health issues, relationship issues, and financial issues. • Building confidence in prayer
27/06/23 7.30 – 9.15pm	Putting Pastoral Ministry into Practice <ul style="list-style-type: none"> • Understanding human relationships • Where do I fit in? • Exploring what our ministry might look like in context • Pitfalls we may encounter
4/07/23 7.30 – 9.15pm	Going Forward with God <ul style="list-style-type: none"> • Your spiritual health and needs • The role of a Spiritual Director
11/07/23 7.30 – 9.15pm	Working as a Team in the Parish <ul style="list-style-type: none"> • Understanding relationships in a team • Developing our own bespoke toolkit to aid our role and context • Explore the benefits of working agreements, boundaries, signposting to other agencies, and support from further afield (the roles of mentor, spiritual director, incumbent and Diocese) • Feedback on course learning and personal growth